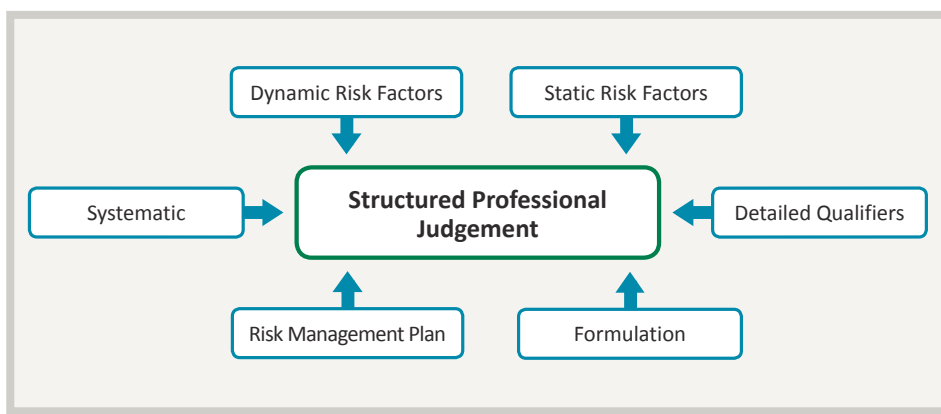


FACE Child and Adolescent Risk Assessment Suite (CARAS)

The FACE Child and Adolescent Risk Assessment Suite (CARAS) is the UK's first evidence-based tool that is designed and validated to conduct accurate risk assessments for young people. The CARAS was developed over a 2 year period in collaboration with the University of Durham and with the input of mental health practitioners across child and adolescent mental health services.

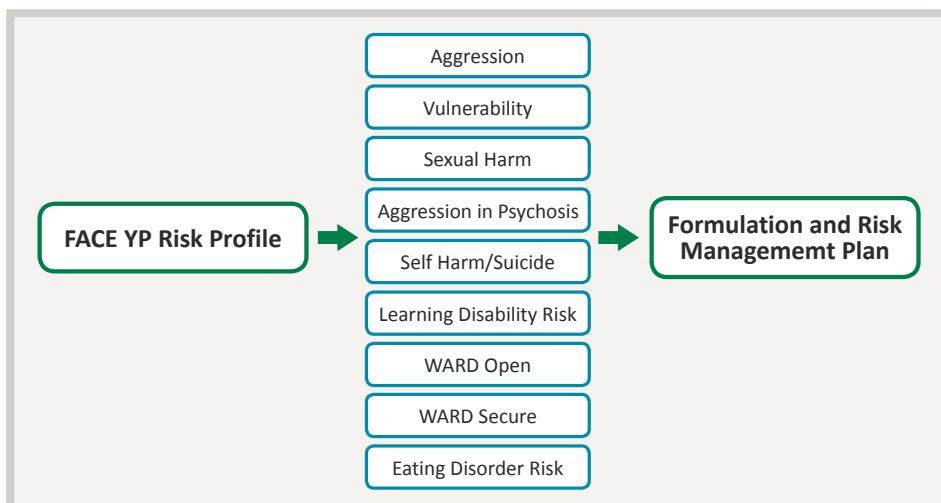
Evidence-based approach to risk assessment

The FACE CARAS uses a systematic and structured approach to assess the relevant static and dynamic risk factors. This supports clinicians by identifying key risk factors that are used to formulate and implement risk management plans.



The risk assessment model

The CARAS consists of 9 brief schedules that are deployed depending on the responses to an initial set of screening questions. This novel approach is extremely useful to clinicians as it identifies significant risk factors through proportionate assessment. This permits key risk items to be easily identified and prioritised in the formulation and risk management plan. The CARAS guides clinicians across all disciplines and facilitates risk assessment accuracy and consistency.



Supporting existing young person's assessments

The FACE CARAS supports existing first line assessment tools for young people. These include:

- **Background Information** - referral information and referral processing record
- **Young Persons Assessment** - a comprehensive initial assessment that is designed to formulate concerns, problems, protective factors and risks for intervention and review
- **Family Assessment** - designed to record available support, family environment and family intervention needs
- **Carers' Assessment** - identifies carers' views, carers' difficulties, and risks to carer
- **Substance Use Profile** - designed to record cognitive, behavioural and physical factors associated with complex substance abuse
- **Triage Assessment** - to assess priority mental health needs and facilitate crisis intervention planning

"The UK's first fully-integrated suite of risk assessment tools and outcome measures for use in child and adolescent mental health services"



Clinical utility, validity and reliability

The FACE CARAS is characterised by excellence in clinical utility, validity and reliability. Each tool has been tested for clinical utility, validated with a representative sample, and rated with clinicians to ensure good reliability indicators.

Leading mental health clinicians have also been included in its development to ensure that the CARAS continues to be a useful tool for assessing risk with young people. The CARAS has also been reviewed at an international forensic mental health conference where it was found to support:

- Evidence-based development
- Clinical utility
- Good reliability indicators
- Validity tests with sample population
- Leading cutting edge research in child and adolescent risk assessment

Publications

The CARAS is documented in various publications that illustrate its evidence-based development process as a valid risk assessment tool.

Daniel, M. R., Weir, S., & Tiffin, P. A. (2011). Clinicians' views on the FACE Child and Adolescent Risk Assessment Suite: Findings from focus groups. Manuscript submitted for publication (copy on file with author).

Further articles will be submitted for publication over the coming months. Please contact us for further details.



Comprehensive scope

The CARAS contains risk assessment tools that are suited to the full range of service users who are in contact with young peoples' services. The capacity to include community teams, specialist teams, forensic services, learning disabilities, eating disorders, and secure inpatient services has been integrated using evidence-based methodologies over a 2 year period.

The CARAS is appropriate for use within multidisciplinary teams where clinicians and staff of varying professional backgrounds and skills are working together.

Key features

The FACE CARAS is a functional and versatile risk assessment suite. It incorporates advanced features which include:

- Risk Screening Tool
- Aggression Risk
- Vulnerability Risk
- Sexual Harm Risk
- Self Harm/Suicide Risk
- Eating Disorder Risk
- Learning Disability Risk
- Flexibility
- Detail
- Structure
- Validity and reliability
- Community and Specialist Services
- In house training
- Paper and electronic format



Available formats

All tools are supplied in a range of paper and electronic formats enabling organisations to start simply but evolve into powerful electronic implementations.

Each tool is available as:

- Paper document
- Word template
- PDF
- XML Schemas (for use with 3rd party IT systems)

Training and support

The FACE CARAS includes well-developed training resources to support use and implementation into your organisation.

There are a number of training options available which can be tailored to your individual needs.

We support the use of the tools through:

- Training events and workshops
- Direct training for clinical staff
- Training for your own trainers
- Accredited training for 'expert users'
- Access to the customer area of our website
- Participation in user groups

More information

For more information please visit our website www.face.eu.com, email us at info@face.eu.com or call us on +44 (0)845 862 1259